

EUCCHARISTIC ADORATION EVENING PRAYER *and* BENEDECTION



PSALTER WEEK I



*The Divine Office, the public prayer of the people of God,
has always been considered among the first duties of the Church.
Over the centuries, the traditional elements of this prayer
were carefully arranged to sanctify the whole day in prayer
and adoration of almighty God.*

*The Office of Vespers, the traditional Evening Prayer of the Church,
offers to God our praise for the day that is ending,
and in the words of the Magnificat,
'glorifies the Lord' for His goodness to us.*

Introduction

The Priest says:

O God, come to my aid.

All say:

O Lord, make haste to help me.

All say:

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now and ever shall be,
world without end.

Amen.

Hymn 'O saving victim'

O saving Victim, open wide
The gate of heaven to us below.
Our foes press on from every side;
Your aid supply, your strength bestow.

To your great name be endless praise,
Immortal Godhead, One in Three;
O grant us endless length of days
In our true native land with thee. Amen.

Psalmody

Psalm 19 (20)

The reader says:

The Lord will give victory to his anointed one.

All say:

May the Lord answer in time of trial;
may the name of Jacob's God protect you.

May he send you help from his shrine
and give you support from Sion.

May he remember all your offerings
and receive your sacrifice with favour.

May he give you your heart's desire
and fulfil every one of your plans.

May we ring out our joy at your victory
and rejoice in the name of our God.

May the Lord grant all your prayers.

I am sure now that the Lord
will give victory to his anointed,
will reply from his holy heaven
with the mighty victory of his hand.

Some trust in chariots or horses,
but we in the name of the Lord.
They will collapse and fall,
but we shall hold and stand firm.

Give victory to the king, O Lord,
give answer on the day we call.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

The Lord will give victory to his anointed one.

Psalm 20 (21):2-8, 14

The reader says:

We shall sing and praise your power.

All say:

O Lord, your strength gives joy to the king;
how your saving help makes him glad!
You have granted him his heart's desire;
you have not refused the prayer of his lips.

You came to meet him with the blessings of success,
you have set on his head a crown of pure gold.
He asked you for life and this you have given,
days that will last from age to age.

Your saving help has given him glory.
You have laid upon him majesty and splendour,
you have granted your blessings to him for ever.
You have made him rejoice with the joy of your presence.

The king has put his trust in the Lord:
through the mercy of the Most High he shall stand firm.
O Lord, arise in your strength;
we shall sing and praise your power.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

We shall sing and praise your power.

Revelation 4:11; 5:9, 10, 12

The reader says:

Lord, you made us a kingdom and priests to serve our God.

All say:

Worthy are you, our Lord and God,
to receive glory and honour and power,
for you created all things,
and by your will they existed and were created.

Worthy are you, O Lord,
to take the scroll and to open its seals,
for you were slain,
and by your blood you ransomed men for God
from every tribe and tongue and people and nation.
You have made us a kingdom and priests to serve our God,
and we shall reign on earth.

Worthy is the Lamb who was slain,
to receive power and wealth,
and wisdom and might,
and honour and glory and blessing.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

Lord, you made us a kingdom and priests to serve our God.

Scripture Reading

I John 3:1a, 2

The reader says:

Think of the love that the Father has lavished on us,
by letting us be called God's children;
and that is what we are.

My dear people, we are already the children of God
but what we are to be in the future has to yet be revealed;
we shall be like him
because we shall see him as he really is.

We pray in silent adoration of the Blessed Sacrament for a short while.

The Magnificat

The reader says:

My spirit exults in the Lord God, my saviour.

All say:

My soul glorifies the Lord,
my spirit rejoices in God my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

My spirit exults in the Lord God, my saviour.

Intercessions

The Priest says:

Christ is the shepherd of his flock: he loves and cares for his people.

We turn to him in trust and say:

℟ Lord, we need your care.

The reader says:

Christ our Lord, you are the High Priest, — raise up in your Church men to serve as holy Priests of your sacrifice and your Sacraments.

℟ Lord, we need your care.

The reader says:

Christ our Lord, you came not to be served but to serve, — grant to your Church true ministers of your name to serve as Deacons.

℟ Lord, we need your care.

The reader says:

Christ our Lord, you have granted to each to share in your mission, — draw men and women to that mission as religious Brothers and Sisters.

℟ Lord, we need your care.

The Lord's Prayer

The Priest says:

At the Saviour's command and formed by divine teaching,
we dare to say:

All say:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

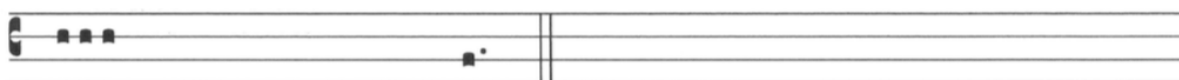
Benediction

The Priest goes to the altar, genuflects and kneels. Then this hymn is sung during which the Priest incenses the Blessed Sacrament.

All sing:



Tantum er-go Sacraméntum * Vene-rémur cérnu-i: et an-tí-quum
documéntum Novo ce-dat rí-tu-i: præstet fi-des suppleméntum
sénsu-um de-féc-tu-i. Ge-ni-tó-ri, Ge-ni-tó-que laus et iu-bi-la-
ti-o, sa-lus, honor, virtus quoque sit et bene-dícti-o: pro-ce-dénti
ab utróque compar sit laudá-ti-o. A-men.



∇ Panem de cælo præstitisti e- is.

You gave them bread from heaven.



℞ Omne delectaméntum in se habén-tem.

Containing in itself all sweetness.

Concluding Prayer

The Priest says:

Lord Jesus Christ,
you gave your Church an admirable Sacrament
as the abiding memorial of your passion.
Teach us so to worship
the sacred mystery of your Body and Blood,
that its redeeming power may sanctify us always.
Who live and reign with the Father and the Holy Spirit,
God, for ever and ever.

℟ Amen.

The Priest puts on the humeral veil and blesses the congregation with the Blessed Sacrament.

The Divine Praises

Blessed be God.
Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his Most Sacred Heart.
Blessed be his Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the Name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his Angels and in his Saints.

Adoremus in Aeternum

The Priest says:

Let us adore forever this Most Holy Sacrament.

All say:

Praise the Lord, all you nations:

sing his praises, all you peoples.

For he has shown us His loving kindness;

the truth of the Lord remains forever.

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

All say:

Let us adore forever this Most Holy Sacrament.

Reposition of the Blessed Sacrament

The Priest stands and returns to the altar and reposes the Blessed Sacrament in the tabernacle and genuflects.

Marian Anthem 'Hail, Queen of Heaven'

Hail, Queen of heav'n, the ocean star,
guide of the wanderer here below;
thrown on life's surge, we claim thy care,
save us from peril and from woe.
Mother of Christ, star of the sea,
pray for the wanderer, pray for me.

O gentle, chaste, and spotless Maid,
we sinners make our prayers through thee;
remind thy Son that he has paid
the price of our iniquity.
Virgin most pure, star of the sea,
pray for the sinner, pray for me.

And while to him who reigns above,
in Godhead One, in Persons Three,
the source of life, of grace, of love,
homage we pay on bended knee;
do thou, bright Queen, star of the sea,
pray for thy children, pray for me.

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