

EUCHARISTIC ADORATION EVENING PRAYER *and* BENEDICTION



PSALTER WEEK IV



*The Divine Office, the public prayer of the people of God,
has always been considered among the first duties of the Church.
Over the centuries, the traditional elements of this prayer
were carefully arranged to sanctify the whole day in prayer
and adoration of almighty God.*

*The Office of Vespers, the traditional Evening Prayer of the Church,
offers to God our praise for the day that is ending,
and in the words of the Magnificat,
'glorifies the Lord' for His goodness to us.*

Introduction

The Priest says:

O God, come to my aid.

All say:

O Lord, make haste to help me.

All say:

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now and ever shall be,
world without end.

Amen.

Hymn 'O saving victim'

O saving Victim, open wide
The gate of heaven to us below.
Our foes press on from every side;
Your aid supply, your strength bestow.

To your great name be endless praise,
Immortal Godhead, One in Three;
O grant us endless length of days
In our true native land with thee.
Amen.

Psalmody

Psalm 136 (137):1-6

The reader says:

If I forget you, Jerusalem, let my right hand wither.

All say:

By the rivers of Babylon
there we sat and wept,
remembering Sion;
on the poplars that grew there
we hung up our harps.

For it was there that they asked us,
our captors, for songs,
our oppressors, for joy.
'Sing to us,' they said,
'one of Sion's songs.'

O how could we sing
the song of the Lord
on alien soil?
If I forget you, Jerusalem,
let my right hand wither!

O let my tongue cleave to my mouth
if I remember you not,
if I prize not Jerusalem above all my joys!

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

If I forget you, Jerusalem, let my right hand wither.

The reader says:

Before the angels I will bless you, my God.

All say:

I thank you, Lord, with all my heart,
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple.

I thank you for your faithfulness and love
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.

All earth's kings shall thank you
when they hear the words of your mouth.
They shall sing of the Lord's ways:
'How great is the glory of the Lord!'

The Lord is high yet he looks on the lowly
and the haughty he knows from afar.
Though I walk in the midst of affliction
you give me life and frustrate my foes.

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

Before the angels I will bless you, my God.

The reader says:

Worthy is the Lamb that was slain, to receive glory and honour.

All say:

Worthy are you, our Lord and God,
to receive glory and honour and power,
for you created all things,
and by your will they existed and were created.

Worthy are you, O Lord,
to take the scroll and to open its seals,
for you were slain,
and by your blood you ransomed men for God
from every tribe and tongue and people and nation.
You have made us a kingdom and priests to serve our God,
and we shall reign on earth.

Worthy is the Lamb who was slain,
to receive power and wealth,
and wisdom and might,
and honour and glory and blessing.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

Worthy is the Lamb that was slain, to receive glory and honour.

Scripture Reading

Col 3:16

The reader says:

Christ's message, in all its richness, must live in your hearts. Teach and instruct each other with all wisdom. Sing psalms, hymns, and sacred songs; sing to God, with thanksgiving in your hearts.

We pray in silent adoration of the Blessed Sacrament for a short while.

The Magnificat

The reader says:

Do great things for us, O Lord, for you are mighty,
and Holy is your name.

All say:

My soul glorifies the Lord,
my spirit rejoices in God my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things, sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

All say:

Do great things for us, O Lord, for you are mighty,
and Holy is your name.

Intercessions

The Priest says:

Christ is the shepherd of his flock: he loves and cares for his people.

We turn to him in trust and say:

℟ Lord, we need your care.

The reader says:

Christ our Lord, you are the High Priest, — raise up in your Church men to serve as holy Priests of your sacrifice and your Sacraments.

℟ Lord, we need your care.

The reader says:

Christ our Lord, you came not to be served but to serve, — grant to your Church true ministers of your name to serve as Deacons.

℟ Lord, we need your care.

The reader says:

Christ our Lord, you have granted to each to share in your mission, — draw men and women to that mission as religious Brothers and Sisters.

℟ Lord, we need your care.

The Lord's Prayer

The Priest says:

At the Saviour's command and formed by divine teaching,
we dare to say:

All say:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

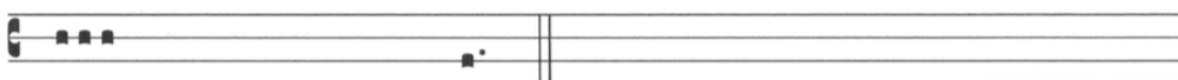
Benediction

The Priest goes to the altar, genuflects and kneels. Then this hymn is sung during which the Priest incenses the Blessed Sacrament.

All sing:



Tantum er-go Sacraméntum * Vene-rémur cérnui: et an-tí-quum
documéntum Novo ce-dat rí-tui: præstet fi-des suppleméntum
sénsu-um de-féc-tui. Ge-ni-tó-ri, Ge-ni-tó-que laus et iu-bi-la-
ti-o, sa-lus, honor, virtus quoque sit et bene-dícti-o: pro-ce-dénti
ab utróque compar sit laudá-ti-o. A-men.



℣. Panem de cælo præstitisti e- is.

You gave them bread from heaven.



℟. Omne delectaméntum in se habén-tem.

Containing in itself all sweetness.

Concluding Prayer

The Priest says:

Lord Jesus Christ,
you gave your Church an admirable Sacrament
as the abiding memorial of your passion.
Teach us so to worship
the sacred mystery of your Body and Blood,
that its redeeming power may sanctify us always.
Who live and reign with the Father and the Holy Spirit,
God, for ever and ever.

R Amen.

The Priest puts on the humeral veil and blesses the congregation with the Blessed Sacrament.

The Divine Praises

Blessed be God.
Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his Most Sacred Heart.
Blessed be his Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the Name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his Angels and in his Saints.

Adoremus in Aeternum

The Priest says:

Let us adore forever this Most Holy Sacrament.

All say:

Praise the Lord, all you nations:

sing his praises, all you peoples.

For he has shown us His loving kindness;

the truth of the Lord remains forever.

Glory be to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

All say:

Let us adore forever this Most Holy Sacrament.

Reposition of the Blessed Sacrament

The Priest stands and returns to the altar and reposes the Blessed Sacrament in the tabernacle and genuflects.

Marian Anthem 'Hail, Queen of Heaven'

Hail, Queen of heav'n, the ocean star,
guide of the wanderer here below;
thrown on life's surge, we claim thy care,
save us from peril and from woe.
Mother of Christ, star of the sea,
pray for the wanderer, pray for me.

O gentle, chaste, and spotless Maid,
we sinners make our prayers through thee;
remind thy Son that he has paid
the price of our iniquity.
Virgin most pure, star of the sea,
pray for the sinner, pray for me.

And while to him who reigns above,
in Godhead One, in Persons Three,
the source of life, of grace, of love,
homage we pay on bended knee;
do thou, bright Queen, star of the sea,
pray for thy children, pray for me.

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